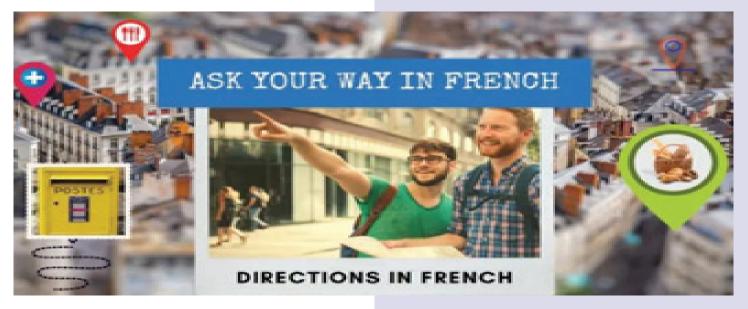
DAY WATERMAN COLLEGE



NEWSLETTER

May 202



FINDING YOUR WAY IN A FRENCH-SPEAKING COUNTRY

by Oluwaseyi Osinubi, (Year 10)

Oh no! You've lost your way while shopping with your family! Now you're completely alone in a foreign country, where you don't understand anything!

Firstly, let the authorities know that you are lost! Make sure to introduce yourself too. Here are a few phrases for that:

- « Salut! Je suis *insert your name here*!»
- "Hello! I'm (insert name)"
- « Bonjour! puis-je avoir de l'aide? »
- "Hello, please may I get some help?"
- « Je suis perdu / j'ai perdu mon chemin pendant que je faisais du shopping avec mes parents. »
- "I am lost / I have lost my way while I was shopping with my parents."
- « Je recherche mes parents / ma famille. »
- "I am looking for my parents/family."

Of course, they would probably ask you to describe your family!

- « II / elle a les cheveux (bruns, roux, blonds).»
- "He/she has (brown, red, blonde) hair."
- « II/Elle a les yeux (verts, bleus, bruns). »
- "He/she has (green, blue, brown) eyes."
- « II/Elle est tres grande/petit(e) »
- "He/she are very tall/ short."

(Continued on page 2)

MY EXPERIENCE IN SPANISH CLASSES

by Maryam Modibbo, (Year 7)

At Day waterman College, we have Spanish classes as an enrichment programme which is taught by Mrs Dorcas Abiola, or senora Dorcas as we call her. We have learnt how to say we like or dislike things in Spanish:

"me gusta nadar – I like to swim"

"Elle gusta cantar – She likes to sing"

Furthermore, we learnt some vocabulary, mostly nouns, that we liked or didn't as well as some tips in speaking Spanish such as pronunciation of some letters. Some of the verbs we learnt include:

cantar – sing

balair – dance

nadar – swim

corer – run

hablar – speak

Additionally, we learn songs which help us to develop an understanding that the Spanish love romantic songs and stories of their lovers. For instance, we were taught a Spanish song about a man who loves a lady and talks about how he also likes everything else but still loves her.



INTERVIEW

by Michelle Fakrogha, Mira Anosike, Oluwatomi Fabamigbe and Valerie Chiege

With Mr Ezekiel
Olatunbosun
House Parent,
Olufunlade Boarding
House (Year 11 Boarding
House)



This is an interview with Mr Olatunbosun, about his experience as a house parent. Hopefully, knowing his perspective could make boarding life easier for everyone.

How do you juggle life as a teacher as well as a house parent?

I am aware that it is tasking to be a house parent and a teacher. However, what I do which has been helping me perform effectively in class as well as in the boarding house is to plan myself effectively. I always plan my day for both teaching and house parenting with the expectation of attending effectively to both. I strongly believe in effective planning as a tool for managing my boarding house as well as my teaching, and I have been successful through this principle.

What are your favourite activities in the boarding house?

My favorite activities in the boarding house are effective prep and holding briefing with students.

What do you look forward to each day regarding house parenting?

I look forward to maintaining a calm and conducive atmosphere in the boarding house, and the well-being of my students is my daily priority.

What are the difficulties you face?

I would say misuse of privileges by the students and unnecessary argument among the students.



FINDING YOUR WAY IN A FRENCH-SPEAKING COUNTRY (cont'd)

- « II/Elle porte les lunnetes. »
- "He/she wears glasses."

Peradventure you've got the opportunity to buy some food, but you don't know how to, here's some help:

- « Puis-je prendre un verre? »
- Can I have a drink?
- «Puis-je avoir un snack?»
- "Can I have a snack?"
- «Je veux...»
- "I want..."

Don't forget to compliment the food too! « Oui, c'était bon / Oui, c'était vraiment délicieux»

- Yes, it was good / Yes, it was delicious!

Also, don't forget to be polite!

- « S'il vous plait! »
- "Please."
- « Merci beaucoup »
- "Thank you very much!"
- « Pardon »
- "Sorry."

If none of these is useful, and perhaps you're completely stranded in the middle of the mall, just shout out,

« Aidez-Moi! »

that means "Help!" in French!

27th May 2021

Dear Parents,

Day Waterman Book Donation Drive

As you may be aware, the educational sector like most other aspects of life has been severely impacted by COVID-19. It is estimated that close to 1.6 billion children and youth have been out of school because of the challenges incited by the Pandemic. Never have these many children lacked resources and access to learning. The United Nations (UN) Sustainable Development Goal of improving the quality of education globally by 2030 seems to have regressed significantly in the wake of COVID-19. The global pandemic's extensive consequences threaten the hard-won gains made towards achieving quality education worldwide.

In hope of alleviating the impact of COVID-19 on learning in our local community, Day Waterman students through the Charity Prefects and UN Ambassadors are organizing a Book Drive. The aim of the project is to support the provision of a library for the less privileged within our local community to aid their education and learning.

We are in need of books to establish the Library for the less privileged. Our aim is to accumulate 250 books by the end of the 2021/2022 academic session. We thus solicit your most kind donations to support our Book Drive. We would gladly receive new books, which you may wish to donate for subject cause, or even decently used books that may no longer be in use in your homes. Your response to our request will be most highly appreciated. Certainly, your donations would improve the lives of the many children that will have the opportunity to learn with the books you will donate.

Donations can be made through the DWC Lagos Liaison Office free of charge starting from Sunday 23rd May until Sunday 20th June 2021.

We will be grateful if the books that will be donated will meet the following criteria:

- Be new or gently used (covers and pages intact, clean and unmarked pages).
- Age range includes infants through Grade 7 reading level.
- No books with sensitive themes such as death, religion, or abuse.
- Textbooks, workbooks and stationery (pencil pouches, pens) are all acceptable.

We look forward to receiving your donations and thank you for taking the time and making the effort to be part of this exciting charitable venture.

With Kind Regards,

Charity Prefects and UN Ambassadors.





Mental Health Awareness Month

The stark difference between living and being alive is purpose. Living has a direction, an aim, a goal, whereas being alive is simply the state of not being dead. At this point in our lives, it's hard to decipher what our purpose is, however, there are many pathways to take to ensure that we are living purposefully. To live purposefully, we need to be aware of our mental health as well.

May being Mental Health Awareness Month, this month's segment of Purposeful Living is about mental wellbeing. Mental wellbeing is often overlooked. Although it's important to be physically healthy, being in a good head space is just as important. Mental wellbeing is about your thoughts and feelings and how you cope with the ups and downs of everyday life. Mental health awareness month is observed to bring attention to how important mental wellbeing is. Your state of mental wellbeing may fluctuate and change depending on circumstances, but all in all, it is important to maintain a standard level of mental wellbeing in order to feel your best.

What can I do for my mental health?

Now you may be asking, "What can I do for my mental health?" At this age, you already know what makes you happy and sad. You would be aware of the different variables; however, do not have full control over them. This may lead to you feeling helpless and unproductive. However, there are some variables you can control, and here are some tips to achieving maximum mental wellbeing.

Tips for Improving Mental wellbeing

1) Connect with other people - good relationships are important for your

- mental wellbeing.
- Track gratitude and achievement with a journal. Include three things you were grateful for and three things you were able to accomplish each day.
- 3) Work your strengths: Do something you're good at to build self-confidence, then tackle a tougher task.
- 4) "You don't have to see the whole staircase, just take the first step." Martin Luther King, Jr. Think of something in your life you want to improve and figure out what you can do to take a step in the right direction.
- 5) Sometimes, we don't need to add new activities to get more pleasure. We just need to soak up the joy in the ones we've already got. Be Optimistic: Trying to be optimistic
 - doesn't mean ignoring the uglier sides of life. It just means focusing on the positive as much as possible.
- 6) Dance around. Dancing reduces levels of cortisol (the stress hormone) and increases endorphins (the body's "feelgood" chemicals).
- Has something been bothering you? Let it all out...on paper. Writing about upsetting experiences can reduce symptoms of depression.
- 8) Be physically active Being active is not only great for your physical health and fitness. Evidence also shows it can also improve your mental wellbeing

Tips for Improving Mental wellbeing

To conclude, mental health is very important and regardless of the month of the year, always take the time to evaluate your current state of mind. Seek help if needed and try to educate yourself more on the many facets of mental wellbeing.

WORD OF THE WEEK

by Maryam Modibbo (Year 7)

Cajole (Verb) /kəˈdʒəʊl/

Meaning:

Persuade (someone) to do something by sustained coaxing or flattery.

"He hoped to cajole her into selling the house."

Synonyms:

- \cdot persuade \cdot wheedle \cdot coax
- \cdot talk into \cdot manoeuvre \cdot get round

Antonyms:

 \cdot chide \cdot berate \cdot scold \cdot warn

EVENTS AROUND US

by Moyosola Roberts, Adanna Nnamani and Olumurewa Adegbite (Year 7)

NIGERIA NEWS

- Ex-bank chief wanted by ICPC for alleged \$65m fraud no longer Buhari's in-law. The Presidency said on Friday Gimba Yau Kumo who has been declared wanted by the Independent Corrupt Practices and Related Offences Commission (ICPC) over alleged \$65 million fraud in the Federal Mortgage Bank of Nigeria is no longer President Muhammadu Buhari's son-in-law.
- 13 Nollywood movies record N34.69 million in seven days, foreign movies still dominant. At least 13 Nigerian movies grossed N34.69 million in seven days as six films made it to the top 10 during the week
- Bayelsa govt imposes curfew on state over COVID-19. The Bayelsa State government has imposed a dusk-to-dawn curfew on the state in a bid to prevent the spread of the new variants of COVID-19.
- INEC decries fire incidents in South-East offices, meets May 19. The Independent National Electoral Commission (INEC) decried the continuous fire attacks on its offices in the South-East and other parts of the country.
- Police rescues 12-year-old girl caged by guardians for eight months in Sokoto. Police operatives in Sokoto State have rescued a 12-year-old girl, Joy Emmanuel, who was caged for eight months by her guardians at their home in Sokoto North local government area of the state.

NIGERIAN NEWS

- Several hundred Nigerians have returned home from Cameroon, seven years after they were displaced by Boko Haram jihadists and forced to seek shelter across the border.
- As reported on March 10th, unions in Nigeria have started nationwide protests over a proposed change in the minimum wage.
- Nigeria, Kenya and Rwanda have begun coronavirus immunisation programmes under the Covax vaccine-sharing initiative, becoming the latest African countries to do so by March 5th.

US NEWS

- Federal trial for three other ex-officers charged in George Floyd's killing set for August.
- 'No regard for human safety' Police chief says 7 people remain hospitalized from Rhode Island shooting.
- Fire season concerns grow as drought envelops California.
- Falling ice kills climber in Alaska's Denali National Park
- A fire on a capsized cargo ship off the Georgia coast has been extinguished using seawater.

COVID-19 UPDATES

- Covid wreaks havoc in India with over 200,000 deaths and counting, and sadly, India has vaccinated only 1.8% of its 1.38 billion population till April 2021
- During a Covid Briefing, Boris Johnson warns that the Indian variant may prevent him from lifting restrictions lune 12
- There are 162,996,292 cases, 3,378,722 deaths and 140,967,377 recoveries in the world, Covid-19 is still a real thing and hasn't yet left us so please remember to wash your hands, sanitize and wear a face mask.
- More than 1.43 billion vaccine doses have been administered worldwide, equal to 19 doses for every 100 people. There is already a stark gap between vaccination programmes in different countries, with some yet to report a single dose.
- The Lagos State Government has placed the United States, Kenya, Tanzania, Ghana, Togo, South Africa, Canada, France, Germany, Uganda, the Netherlands, Cameroon, Angola and Rwanda on its watch list as it works to prevent a third wave of the pandemic.

RIDDLES

by Ikenna Nwafor (Year 10)

Q: What do you call an ant who fights crime? *¡*λμυρίμοι γ

Q: What is fast, loud and crunchy?

A rocket chip!

Q: Why did the teddy bear say no to dessert?

gequase sum aus as you all the teddy bear say no to dessert?

Q: What has ears but cannot hear?

Q: What did the left eye say to the right eye? ¡s¡¡əws ɓuiqṭəwos 'sn uəəmṭəg

Q: Why did the police play baseball? _γ

Q: What did the microwave say to the other microwave?

Is it just me? Or is it really hot in here?

Pecause גוף נפּמכעיפּג מוּל Why did the student eat his homework? קופכה סן כמעהן אווי זְּגְ אִמְּפֹּג מִינְיָּפָּג נְיָּיָּפָּג נְיָּיָּפָּג נְיָּיָּפָּג נְיָּיָּבָּג נְיִּיִּי

Q: What's worse than finding a worm in your apple?

Finding half a worm in your apple!

Q: What is brown, hairy and wears sunglasses?

A coconut on vacation

READING SCHEME FOR TERM 2, 2020/2021

by Mr. Julian Ezuma (Learning Resources Manager)

The DWC Learning Resource Centre promotes reading amongst students through the Readers Award at the end of every term as well as the Avid Reader Award at the end of the academic year.

The Reading Scheme is grouped into three categories: Gold, Silver & Bronze. In the Gold category, students become recipients when they have read a minimum number of 15 books; in the Silver category, a minimum number of 10 books, while in the Bronze category, a minimum number of 5 books is required. For each category, students are required to submit reviews for every book read as this is also a way to promote reflection after reading while developing a love of literature.

In Term 2, **Tijesuni Olowogorioye** a Year 11 student, **Adriel Yinusa** and **Nimiye Boham** both Year 7 students, qualified for the Bronze category of the Reading Scheme.

NOSE MASKS GALLERY: PREVENT COVID-19

by Ngozi Onyeacholem (Year 8)









To enhance the awareness of Covid-19 prevention, a range of posters were created by the Art and Design students in Year 8. Ngozi Onyeacholem, one of the students has written about her experience and the relevance of her poster.

I recently received a task to produce a poster about Covid-19. That was the perfect opportunity to spread the perfect message.

While making this poster, I wanted it to be eye-catching, bold, and colourful to earn people's attention. I desired the understanding of how to prevent the Corona Virus for multiple people around me, to know that the virus is real but can still be stopped.

As you already know, we have 115M+COVID-19 cases worldwide. This number may be alarming, but it is possible to reduce the spread by following simple precautions. These include social distancing, wearing your face mask at all times, washing of hands regularly and not touching your nose, mouth or eyes.

Clearly, these have been used in our posters to expand the important message. Finally, Covid-19 is serious and has taken the lives of many people, so follow precautions concerning it because your life matters. Help yourself and help others.

MICROSOFT OFFICE SPECIALIST PROGRAM

by Ms. Chinero Onuoha, Teacher of Mathematics/ICT

Microsoft Office Specialist is a certification by Microsoft that tests candidates' competencies using Microsoft Applications.

Here at DWC, Microsoft Office Specialist: Excel Associate Certification has been selected to kick-off this 3rd Term. This program demonstrates competency in the fundamentals of creating and managing worksheets and workbooks, creating cells and ranges, creating tables, applying formulas and functions and creating charts and objects. The examination covers the ability to create and edit a workbook with multiple sheets and use a graphic element to represent data visually. Workbook examples include professional-looking

budgets, financial statements, team performance charts, sales invoices, and dataentry logs.

An individual earning this certification has approximately 150 hours of instruction and hands-on experience with the product; has proven competency at an industry associate-level and is ready to enter the job market. They can also demonstrate the correct application of the principal features of Excel and can complete tasks independently.

This program will run here at DWC for approximately 12 weeks. Upon completion, candidates will be tested using the CBT system after which they will be certified (only when that module has been successfully completed).

Students of DWC will be at an advantage in terms of admissions and be Microsoft certified at an early stage.



IMPORTANCE OF BUILDING A VERY HIGH IMMUNE SYSTEM

by Matron Mary Owobu

It is very important that everyone should always try to boost their immunity, both young and old, staff and students. And I will start by defining what the immune system is. The immune system is made up of the organs and processes of the body that provide RESISTANCE to INFECTIONS and TOXINS. This definition tells it all in the sense that when immunity level is high it becomes easy to fight or resist any form of infection.

Signs Of A Weak Immune System

Just to name a few, these are the five signs you have a weakened immune system:

- You always have a cold
- You have lots of tummy troubles
- Your wounds are slow to heal
- You have frequent infection.
- You feel tired all the time.

If you mostly feel all of these, try all your best to work on your immune system, and boost your immunity level.

Now, what are the ways in which one can boost one's immune system? Here are five simple ways:

1. Maintain a healthy diet:
A healthy diet is key to a strong immune system.
My research has shown that in this community the meals provided for us are highly rich and

contain all classes of food which make them healthy for us to consume. So, I encourage you to always eat: no one should skip meals because food is one of the major fuels that we need in the school community as we mostly deal with physical and mental activities. Therefore, endeavour to eat well, drink plenty of water and take enough vegetables and fruits.

- Exercise regularly: this is to show that at every point, everyone should stay up and be active. Take some walk on the field during activities and stretch out your body always.
- 3. Hydrate, hydrate, hydrate: Drink a lot of water. Food and water are the major fuels that we need for the body system to supply energy that we require to function properly. Staying hydrated also helps to

reduce our burn-out level, drinking alot of water helps to flush out toxins in the body system, thereby reducing the level of diseases and infections.

- 4. **Get plenty of sleep:** Siesta time is about 30minutes for all students. Please, do not joke with this period to get rest and stay rejuvenated. Every staff should also ensure that they get at least 30 minutes rest in a day. Go to bed early and get the minimum hours of 7/8 sleep. You have worked so hard, so you deserve to take that maximum rest!
- 5. One last word on supplements. Vitamin supplements are to enhance or complete all nutrients, especially if the body is lacking them. Many nutritionists will agree that supplements are O.K. Therefore, everyone should get some vitamins such as Vitamin C, D, zinc and use them as directed on the prescription label.

HYPOCHONDRA

by Mrs. Beatrice Abolade, School Counsellor

A hypochondriac is someone who lives with the fear that they have a serious, but undiagnosed medical condition, even though diagnostic tests show there is nothing wrong with them. Simply put, hypochondria is the constant worry about one's health or belief that one is showing symptoms of some ailment or illness. An alternative word for hypochondria is health anxiety.

Hypochondria is a mental health disorder. It usually shows up after the person or someone they know has gone through an illness or after they've lost someone to a serious medical condition. Hypochondria symptoms can vary, depending on factors such as stress, age, and whether the person is already an extreme worrier.

Hypochondriac SYMPTOMS may include:

- Regularly checking oneself for any sign of illness
- Fearing that anything from a runny nose to a gurgle in the gut is a sign of a serious illness
- · Making frequent visits to the doctor
- Conversely, avoiding the doctor due to fear that the doctor will find one has a

- dreaded disease or serious illness
- Talking excessively about one's health without any focus
- Spending a lot of time online, researching one's symptoms
- Focusing on just one thing:
 a certain disease (example:
 cancer) or a certain body part
 (example: the lungs if they
 cough). Or, one may fear any
 disease or might become focused on a
 trending disease (example: during flu
 season (COVID), one may be convinced
 that a sniffle means one is coming down
 with the flu).
- Being unconvinced that one's negative medical tests are correct, then worrying that one has something undiagnosed and that no one would be able to find it and cure it.
- Avoiding people or places one fears may cause one to get sick.

Self-help for hypochondria can include:

 Learning stress management and relaxation techniques



- Avoiding online searches for the possible meanings behind your symptoms
- Focusing on outside activities such as hobbies you enjoy or volunteer work you feel passionate about
- Avoiding alcohol and recreational drugs, which can increase anxiety
- Working to recognize that the physical signs you experience are not a symptom of something ominous, but are normal body sensations
- Setting up a schedule for regular appointments with your primary care doctor to discuss your health concernswork with them to set a realistic limit on medical tests and specialist referrals.



by Naomi Chukwujindu (Year 10)

Upon setting foot on Moroccan turf, my jaw dropped to the sand. I was astonished by the grand and innumerable mountains, ice scattered like flour at their neck-breaking peaks, the endless bronze dunes of the desert and ethnic nomads clothed in striking colours. This was Morocco! This mountainous country lies at the very top of Northern Africa bordering Algeria and two great seas: the Mediterranean Sea and the Atlantic Ocean. Morocco is home to a whopping 36.5 million people, 34 million of them

being Berbers (pre-Arab inhabitants of North Africa). Additionally, almost all Moroccans follow Islam and a large majority are Sunni Muslims, belonging to the Maliki school of Islamic jurisprudence. Other minority religions include Christianity, Judaism and Bahaism. I paid a quick

visit last month and I am still pondering on their rich culture, traditions, and lifestyle. Quickly, hop on that camel so we can take a stroll through this land of magic and sand!

Now, many might wonder; why is Morocco filled with so many Arabs? In the 7th and 8th century this remote country (at the time) was invaded

by Arabs, the people who introduced them to Islam. Therefore, various parts of the Moroccan culture are similar to those of the Arabs. The clothing worn in this gorgeous country is unlike Western style as Moroccan clothing tend to fully conceal the body. Traditional men and women likewise wear a djellaba, a long and hooded garment which is handcrafted in an assortment of vibrant shades. Women also enjoy adding head scarves to their attire. Although, in towns and cities, modern clothing is more common

but residents still ensure to cover their arms and legs. It is considered polite to dress like the locals when paying a visit.

Moreover, it is vital to learn proper etiquette so you will fit nicely and not be another 'impolite foreigner'. When eating in a local café, endeavour to use your hands rather than a fork or knife,

more specifically your right hand (your left hand is used for the toilet). Furthermore, when invited into someone's home, show respect by taking off your shoes at the front door – follow the host's lead. It is Moroccan custom to take a present; namely sweet pastries or tea. Meat would be a better option if visiting a poorer family.

Quite interestingly, Morocco is filled to the brim with bewildering monuments that invite you into the vast world of Moroccan history and heritage.

Meknes – The Ninth Century Medina makes for a fascinating tourist spot. This land of antique and obsolete slabs of rock that once were a great palace appears like something ripped out of a comic book. The High Atlas is also quite mystical; snowy white mountains scattered across the open scenery

make you feel you have been transported to another planet!

Cuisine is a very important part of the Moroccan culture. Couscous is prepared weekly in many Moroccan homes, the most popular being couscous with seven vegetables, is one of the

most popular versions. Lamb, beef, or chicken is stewed along with a variety of vegetables, then arranged on a glorious heap of tender, steamed couscous grains. Moroccan chicken bastilla is Morocco's famous rendition of a savory pie, and it simply doesn't get better than this. Traditionally, pigeons were the birds of choice, but here chicken is cooked with saffron, ginger, pepper, and cinnamon, then layered within crispy warqa pastry with an herb-laden omelette and fried almonds scented with orange flower water. Lastly is roasted chicken with

preserved lemons and olives presentation, but the dish is also easily prepared in a traditional tagine or conventional pot. Lots of onions are cooked to a puree-like consistency with saffron and ginger; preserved lemons and olives are tangy additions to finish the dish.



by Valerie Chiege (Year 10)

'You can do this, Aurelia,'I muttered to myself. 'You have to do this.'

Every step forward made my lead limbs heavier. Even over the tempest outside, I could hear the deafening thud of my heartbeat. Time slowed; I could feel each excruciatingly painful second pass by. Everything was alive, and everything was watching. Perhaps it was because of my delusion-laced brain or because of the fumes from the fireplace blazing in the heart of the chamber; I could hear the judgemental whispering of the walls. Invisible eyes on the grandiose halls fixed themselves on me. They were waiting to see what I would do, and so was I.

Reaching into my right pocket, I became aware of the death trap that lay patiently, its trigger anticipating the curve of my finger. Sweat plastered my threadbare hoodie to my back. Resting unfazed on the pillow of her queensized bed was the blonde head I was expected to put a bullet through. Still as a statue, I watched the rise and fall of her sleeping chest. This was a person. A living, breathing person. A person with hopes and dreams. Was I meant to take that away? Did she deserve to be the price for my prize? Was it worth it?

Hesitantly, I pried my gaze off her petite frame, redirecting it to the room. Thick red curtains draped from the mountainous ceilings sweeping the floor. Lavish ornaments adorned the room. Below me, a variegated crimson carpet that screamed of her opulence was splayed across. Hanging above my head was a diamond-encrusted chandelier, its crystals causing fragments of light to dance around. My eyes moved back to my unsuspecting victim. She lay snug, swathed in a luxurious magenta blanket. As I digested the scene around me, realization hit. A life like this would never be anything but a mirage for someone like me. Not unless I completed this mission.

Caught in a maelstrom of emotions, I thought the money. \$350,000. I was a decision away from the greatest prize of my life. Money like that would mean an end to ravenous morning, chilly nights and choking debts. I could start a new chapter. The end to all my suffering lay in my pocket. Just a single shot to her head, and it would all be over.

Shakily, I wrapped my trembling fingers around the Glock17, ignoring the endless macabre screams of protest in my head. I watched myself creep over to the side of her bed and point the gun inches away from her head. In that moment, life seemed to go still and all that could be heard was the rushing of blood in my ears.

This is it, I thought. This is your ticket to long-deserved happiness.

And with that, I pulled the trigger...





17 MAY



May 17th: Portuguese navigator Ferdinand Magellan reaches the Philippines. His expedition of 1519–1522 became the first expedition to sail from the Atlantic Ocean into the Pacific Ocean, and the first to cross the Pacific.

18 WA



May 18th 1940: Germany continues in its quest for control of Europe and has captured Antwerp and continuing it's push to Paris with a multi-pronged attack, the allies are fighting hard to keep control of Flanders, but Germany has superiority in the air and flame throwing tanks. In the USA, President Roosevelt is asking industrialists to increase production of aircraft to help the allies.

19 MAY



May 19th, 1963: Martin Luther King's Letter from Birmingham Jail is published. King uses the open letter to defend his nonviolent resistance against racism and segregation. It has become one of the central texts for the civil rights movement in the United States.

20 MAY



May 20th 1983: In South Africa, a car bomb planted by anti-Apartheid activists kills 19. The Church Street Bombing is carried out by the military wing of the African National Congress (ANC). It is one of the bloodiest chapters in the ANC's long and difficult struggle against racial segregation and oppression in South Africa.

21 MAY



May 21st 2013: President Goodluck Jonathan fulfils his campaign promise to Ndigbo of the South Eastern zone of the country by approving the takeoff of an international airport and the proposed establishment of a Free Trade Zone in Enugu to boost the economy of the zone.

22 MAY



May 22nd 1980 The arcade game Pac-Man is released. The game featuring a dot-munching round yellow figure moving through a maze has become one of the best-known video games in history. It was produced by NAMCO.

23MAY



May 23rd 1992 The Italian mafia murder Giovanni Falcone. Falcone, a judge, was the mafia's most prominent adversary. After he, together with his wife and three bodyguards, fell victim to a car bomb, Falcone became a folk hero in Italy.

GL PROGRESS TESTS

by Mrs. Moran, Vice Principal (Academic)

During May, students in KS3 will be externally assessed using the GL Progress test series in English, Maths and Science. These tests assess knowledge, understanding and application of the core curriculum subjects, helping us to understand current levels of attainment and identify any gaps in learning at both an individual and cohort level. The content is based in the UK curriculum and the assessments are standardised on over 100,000 children. Students in Year 7 will be assessed in English and Maths, whilst students in Years 8 and 9 will be assessed in English, Maths and

 English: focuses on students' technical English skills (spelling, grammar and punctuation) and reading comprehension, using age-appropriate fiction and information texts.

- Maths: assesses key aspects of maths appropriate to the age of the pupil including mental maths.
- Science: is split into curriculum content areas of Biology, Chemistry and Physics. Science content, knowledge and understanding in addition to applying science skills is assessed.

Used properly, data makes a huge difference in meeting the needs of every student and can be a powerful ally in stimulating positive change and high performance. The proper collection and interpretation of data really can lead to better decisions. It helps you to learn what's working and what's not; can

assist in determining intervention requirements; guide teaching strategies and focus discussions about teaching and learning.

These tests, therefore, provide a wealth of feedback, which can then be used to maximise students' learning potential. Included is the facility to generate comprehensive reports tailored to different audiences, such as group reports for teachers (in PDF and Excel formats), individual student reports (PDF) and reports for parents (PDF).

The reports for parents are especially helpful, clearly identifying strengths and areas for development without employing complicated assessment terminology; thus, enhancing homeschool communication.



The group reports for teachers go a long way in helping to track pupil progress and building an overall picture of attainment across the school. They can also act as an additional filter to help spot children's specific needs, enabling gaps to be addressed or to identify areas where the level of challenge may need to be extended.

In the end, we will receive detailed reports that analyse key dimensions of learning for each subject and provide a question-by-question breakdown to help identify those students who require more challenging targets and those who may need extra support. This information will be shared with parents, teachers and students during Term 3