

DAY WATERMAN COLLEGE



NEWSLETTER

Term 2A, 2024





REVIEW OF THE YEAR 10 LEADERSHIP COURSE

By Maryam Modibbo (Year 10)

Leadership Unleashed: A Weekend of Growth at Day Waterman College (2nd and 3rd February)

From Saturday's vibrant energy to Sunday's reflective spirit, Day Waterman College recently hosted a John C. Maxwell leadership training programme that ignited something special within its students. It wasn't just a series of lectures; it was a transformative journey filled with engaging activities, thought-provoking discussions, and moments of self-discovery.

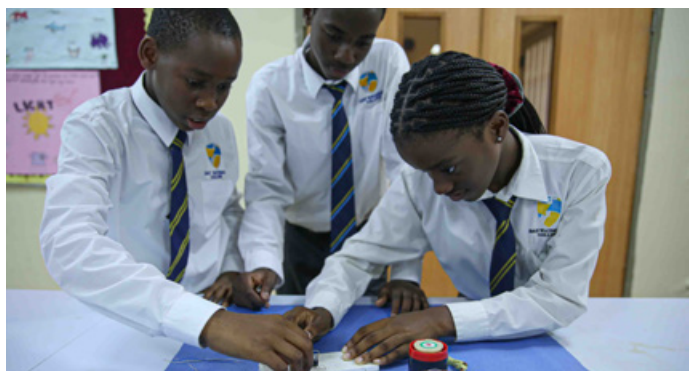
- ***Rolling the Ball with Enthusiasm:***
The weekend kicked off with an electrifying game, setting the tone for a dynamic learning experience. With laughter and collaboration filling the air, it broke the ice and fostered a sense of camaraderie among the participants. This playful start served as the perfect springboard for diving deep into the world of leadership.
- ***Building the Foundation: Attitude and Growth:***
Module 1 on "Attitude" resonated deeply. Students learned how a positive outlook is the game changer, the key ingredient to unlocking success and becoming an inspiring leader. The afternoon delve into "Personal Growth" challenged them to explore their potential, emphasizing the importance of character building, self-awareness, and lifelong learning. It was a wake-up call to become the best versions of themselves.
- ***Priorities and Relationships: The Cornerstones of Success:***
Sunday arrived, and the setting shifted to a church for

a unique learning experience. "The Best Relationship," Module 5, focused on connection with God, urging students to see Him in the most positive light. This spiritual reflection deepened their understanding of trust and purpose. Back in the training room, Module 3 tackled "Priorities," introducing the life-changing 20/80 rule. Students learned to identify and focus on the high-impact actions that truly drive results. The final module, "Relationships," highlighted the power of appreciation. It instilled the value of building strong connections, understanding that success thrives on collaboration and genuine connections.

- ***Turning Intentions into Actions: Leaving a Lasting Impact:***
"Good Intentions" and "Good Actions," Module 6, served as a powerful closing note. The session emphasized the importance of aligning our actions with our values and translating intentions into tangible results. This final lesson resonated deeply, leaving students with a sense of empowerment and responsibility.
- ***Reflections from a Transformed Leader:***
"This training wasn't just about leadership; it was about life," shared Aisha, a participating student. "The modules resonated with me on a personal level. From understanding the power of a positive attitude to prioritizing my goals, I feel equipped to approach life with more purpose and direction. It ignited a

spark within me, a desire to not just be a good leader but a good person.”

The weekend culminated in an award ceremony and a wave of pictures capturing the newfound camaraderie and shared experiences. As the programme concluded, one thing was clear: Day Waterman College had witnessed the birth of young leaders, empowered with the knowledge, skills, and most importantly, the heart to make a positive impact on the world. This leadership training wasn't just a workshop; it was a transformative journey that ignited a fire within these young minds, promising to illuminate their paths and inspire others along the way.



AISEN SCIENCE COMPETITION: OUR EXPERIENCE MAKING A LIGHT-SENSING SECURITY ROBOT

By Omoteleola, Nesochi Okonkwo and Chibuike Ezekwenna (Year 9)

In December, 2023, Day Waterman College participated in the AISEN Science Competition and emerged first.

Our experience making a light sensing security robot for the competition was highly sensational. Learning about the components was fun and interesting. It gave us an idea of what it would feel like to be actual scientists.

At first, it was quite complicated because most of the components used were exceedingly difficult to understand which made progress a little slow. But over time, we got used to them and they became amazingly easy to use.

Aside making a robot, we got to understand how science sometimes assists us in various aspects of our lives. For instance, a light-tracking robot senses light and uses it for different purposes such as making automatic street lights.

It also ignited a passion in us as we made the robot. This wonderful experience made us feel intrigued and we pondered on what other devices we could make.

In conclusion, this project has effectively sharpened multiple of our skills, including meta-cognition, critical thinking, and precision. This unforgettable experience is sure to live with us daily as we look forward to what adventure the future will bring with science.



THE IDG MAGIC ENCOUNTERS COMPETITION (TEAM RUBY)

By Oluwatobiloba Olajide (Year 10)

Good day everyone, My name is Tobiloba Olajide, and Team Ruby consists of just Subomi Awoyungbo and me. For the IDG command task- HPL Magic encounters competition, Team Ruby decided to come up with their own command task for the competition, which was A MINI ECOSYSTEM!. This journey commenced on the 13th of December 2023, Subomi and I, decided to document and video our journey on making our Mini ecosystem. A plethora of HPL skills such as: Empathy, Leadership and most importantly, Collaboration were deployed during this period, as Subomi and I had to work together to get all the materials needed for this project.

Firstly, We had to get our live insects from the DWC environment using Insect nets. Then, we got other materials like: rocks, soil, leaves, moss and flowers. This process took about 10-15 minutes to achieve.

Secondly, we began to assemble as Mr Lawrence recorded our every process: we assembled our own ecosystem, adding all materials into a transparent glass jar.

The aim of this project was to teach a sense of responsibility to anyone trying to do our command task as they would have a whole ecosystem to look after and make sure all organisms growing in their ecosystem are alive and well. This project also shed light on how beautiful nature can be, as our ecosystem ended up turning out as beautiful as Day Waterman itself.

Eventually, the results were announced on the 30th of January 2024, and although Team Ruby did not emerge as the winner, we got incredible feedback from Cassey Benito, the programme manager for the competition who commended us on our hardwork and resilience on submitting a video for the competition.

It was an awesome experience and wonderful opportunity to get to participate in such a captivating project!



ARMED FORCES REMEMBRANCE DAY

The Armed Forces Remembrance Day in Nigeria is a significant national event held annually on January 15th. The day is set aside to honor the members of the Nigerian Armed Forces who have served or are serving in various capacities, including those who have sacrificed their lives in service to the country. The celebration is not only a tribute to the fallen heroes but also a recognition of the ongoing dedication and contributions of active service members in ensuring the nation's security and peace.

The Armed Forces Remembrance Day celebration in DWC was marked by various activities, including speeches, videos, letter to an unknown soldier, poem recitations and special assembly by the Humanities Department, aimed at paying homage to the nation's heroes. These events serve as a poignant reminder of the sacrifices made for peace and freedom and the ongoing commitment required to sustain them.

PRESENTATIONS

Eboselume Oko- Oboh's Speech (Year 10)

As we rejoice, our fallen heroes shall not and must not be forgotten. I join numerous Nigerians of goodwill to honour our fallen heroes who have paid the ultimate price for our dear nation. The Armed Forces Remembrance Day on the 15th of January presents opportunities to reflect on the loss of lives and fallen colleagues even as we lie here in this economic hardship.

Globally, the military is respected, and over time, young men and women chose willingly to serve our dear nation. They pledged to be faithful, loyal and honest. We remember these young men and women who fought bravely with all their strength, defended and protected the nation in whatever capacity they could. Some even bowed out honourably with

integrity intact on reaching the peak of their career. While others fell by the way due to many reasons.

What a privilege to serve our dear nation. What a privilege for some of these heroes to still be alive today. They remain thankful first to the Creator, and then to our country Nigeria. A blessed country by all known standards that gave them the opportunity to serve.

So raise your voices, Nigerians! Let the wind give a wave of thanks to every soldier both past and present. Show them that their sacrifice matters! Show them that their courage lights the path to a brighter tomorrow.

THANK YOU.

Remember – By Nesochi Okonkwo (Year 9)

On the fifteenth of January,
We remember the past,
The war that tore our nation,
And the peace that came at last

We remember the soldiers,
Who fought with blood and sweat,
Who sacrificed their lives,
And paid a heavy debt

We remember the civilians,
Who suffered pain and loss,
Who endured the hunger,
And the horrors of the cross

We remember the heroes,
Who brought us back to one,
Who restored our unity,
And our dignity and sun

We remember the blood that was shed on this land
By the brave men and women in green
We remember their names and their stories
Unwavering as they faced a bloody scene

We remember the fifteenth of January
And we pray for those who died
We celebrate their legacy
And we honour them with pride

Letter By Urenna Evoh (Year 7)

For those heroes who have fallen to save us and for those who got hurt trying to protect our nation, we say THANK YOU! On this day we remember and

appreciate you for all you have done: the blood and sweat you shed to fight, risking your lives, we say THANK YOU!

Letter By Channah Yunusa (Year 7)

I don't know what to say to you other than 'Thank you'. Thank you so much. No one could imagine the pain of seeing your beloved friends die in a war and still getting up to fight.

Your dedication to the improvement of our country is unparalleled. You poured your blood, sweat and tears out just to see your country thrive and run around in

peace. You suffered so I could thrive. Wow, you really are an amazing and selfless person. I could not imagine how traumatizing the war was. It is because of you and Almighty God that I am alive today. So glad you are at peace and not at war.

God bless you. Thank you.



DAY WATERMAN COLLEGE | HUMANITIES DEPARTMENT

P R E S E N T S

HUMANITIES DAY



THEME:

**WASTE AND
CONCERN FOR
SOCIETY**

8:00am – 9:00am
Humanities Day Assembly

6:30pm – 8:30pm
Dance Contest & Movie Night

OTHER ACTIVITIES FOR THE DAY

- History Debate Face-Off
- Musical Renditions
- Topical Discussions
- Colour-House Dance Contest
- Movie Night

TUE.06.02.24

FUN FACTS

BY: ANITA & ABIEL



RECYCLING ROCKSTAR!

Recycling one Aluminium can save enough energy to run a TV for 3 hours.

Can you imagine the TV marathon you could power with all those recycled cans?



FOOD FRENZY!

One-third of all food produced globally is wasted, enough to feed 2 billion people.

GLOBAL GUT!

Every year, humans generate over 2 billion tons of municipal solid waste, enough to fill all the cruise ships ever built 8 times over!



Energy Efficiency!

Switching all the incandescent bulbs in the US to LED could save enough energy to power 40 million homes.

Banana peels take only 2-3 weeks to decompose!



BEE THE CHANGE!

Did you know a single bee can visit up to 100 flowers in one trip?

TEXTILE TRASH!

The fashion industry is the second-largest polluter in the world.

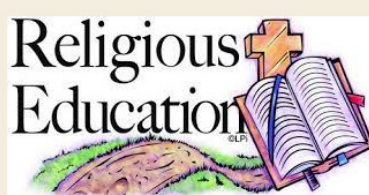


By 2050 there will be more plastic in the ocean by weight than fish!

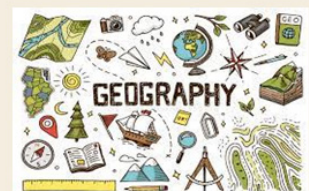


HUMANITIES DAY: TRANSFORM WASTE TO MAKE WAY FOR CHANGE!

By Oluwabukunmi Apena (Year 10)



Humanities Day



On 6th February 2024, Day Waterman College celebrated her annual Humanities Day with the theme: WASTE, AND CONCERN FOR SOCIETY. The school indulged herself with different aspects of The Humanities such as, History, Religious Education, Economics, Business Studies, Global Perspective, Sociology and Geography, exploring the concern for our society from the most unexpected place: the waste bin!

Kicking off, the alert assembly hall buzzed with excitement as a meaningful yet controversial topic sparked a daring debate on whether the Israeli attack on Hamas was justified. As the argument kept us all on the edge of our seats, the Year 11s were absolutely able to convince us all that the motion was indeed justified. After a tense and heated argument, Alawari cooled us down with soothing sounds and rhythmic rhymes of her poem titled 'The Dream', which talked about world hunger and food waste; thus, igniting a sense of responsibility and passion in the audience not to waste food. This was followed by topical discussions in which students of different Humanities subjects gathered to efficiently elaborate on food scarcity and waste and how it affects DWC as a society and the world at

large. Afterwards, Anaya Olufosoye sweetly sang a beautiful rendition of Billie Holiday's 'Strange Fruit'. This struck a chord deep in the heart of the audience as the song spoke on the lynching of black people in the 1950s.

Subsequently, Anita Ogba and Abiel Yunusa unfailingly wowed us with light jokes and fantastic fun facts on food wastage. This short segment made the audience laugh out loud while subtly indoctrinating us on vital facts about food waste. This was perfectly preceded by a powerful pivotal presentation by Abiel Yunusa, who talked about little actions making a big difference. Eventually, the Humanities Day assembly came to an end; however, there was still more to come...

Later, in the evening, there was a dazzling dance competition based on the theme: 'Dance around Africa which shattered expectations! Five colour houses, each representing a vibrant African nation, battled it out on the stage, leaving the audience breathless and begging for more! Firstly, Purple House (Nigerians) painted the stage with the vibrant colours of the Igbo culture, their performance was a kaleidoscope of energetic dances like Atilogwu and Omoru-Onwa. Their infectious joy and contagious



smiles left the audience in shock and awe. Secondly, Yellow House (South African) took us on a journey through sun-drenched landscapes with their Ukusina dance and even went as far as dancing blindfolded! Their stomping steps and rhythmic chants resonated with the resilience of the spirit, echoing the struggles and triumph of their nation.

This was briefly followed by haunting Holocaust facts by our Hephzibah and Timi. Their amazing facts educated the audience on the horrifying events which took place during the Second World War. Next, Red House (Congolese) brought the fiery energy of the Soukous, their bodies pulsating with the rhythm of drums and shakers. Their acrobatic leaps and electrifying footwork ignited the multipurpose hall, leaving the crowd in awe of their raw talent and boundless passion; after which, Green House (Senegalese) captivated us with the mystical energy of Sabar drumming. Their synchronized movements and intricate footwork whispered of ancient rituals and secrets, drawing us into a world of vibrant cultural expression. To wrap up the passionate dance competition, Blue House (Ghanaians) painted the stage with the golden hues of the sun, their movements rich with the storytelling tradition of Adowa and Agogoro. Their graceful steps and infectious smiles transported us into bustling village squares, reminding us of the power of community.

After an electrifying night of pulsating rhythms and breathtaking moves, and cultural immersion, Yellow House emerged victorious, with their admirable amapiano, conquering the hearts of the judges and audiences alike. In spite of that, it was not only about winning: all houses poured their hearts and souls into their performance, showcasing the incredible diversity and richness of African cultures.

The air thrummed with the spirit of unity, reminding us that we are all connected through the universal language of dance.

In conclusion, this year's Humanities Day taught a very important lesson, while deliberately displaying the HPL- VAA- skill of empathy, specifically, concern



for society. Also, teaching the valuable lesson that your trash could be someone's treasure. So, the next time you want to throw that plate of rice away, think about the billions who do not have access to clean food and water and take food in moderation. To finish up, the Head of the Humanities Department, Mr Lawrence said "This Humanities Day should teach students vital lessons which shape and challenge our world."



History Debate

"The Israeli attack on Hamas is justified to protect the State of Israel"

By: Year 10 and 11 History students



THE PROPOSING SIDE

When on October 7, Hamas terrorists waged the deadliest attack on Jews since the Holocaust — slaughtering babies, raping women, burning whole families alive, and taking hundreds of innocent civilians hostage, no one blinked an eye. But when Israel defends themselves it is seen as a crime against humanity.

Good morning wonderful judges, lovely audience, diligent timekeeper and my fellow debaters. My name is Sekinat Olanrewaju, the chief speaker of the house proposing the motion that: "THE ISRAELI ATTACK ON HAMAS IS JUSTIFIED TO PROTECT THE STATE OF ISRAEL". With me today is my second speaker, Edidiong Usoro and summary speaker, Ebubechi Odigbo to persuade and not confuse you on why Israeli is only trying to protect herself.

The calamity began on the morning of 7 October 2023, at 6:30 am when Hamas militants began firing rockets at the kibbutz and entered in vehicles and motorcycles. After capturing the village, they started going from house to house, shooting or capturing the residents. They also shot at buildings and set some on fire. The militants were accompanied by a camera team and a journalist who documented the attack and extolled it as a Palestinian victory. Many residents tried to hide in safe rooms, but the militants blew up the safe room doors and killed those inside. Others were kidnapped and taken to Gaza Strip. On this once peaceful morning, poor innocent civilians who were about to start their day, were met with a reign of terror.

Furthermore, when the 9/11 attack happened and the USA embarked on a mission to end terrorism everywhere, people did not have this same response. I will tell you one difference.

Israel is one of the smallest countries in Asia and it is about 88% the size of Maryland. Let that sink in.

A country of that size is committing atrocities against humankind? They do not have even a tidbit what the USA has in comparison.

Moreover, according to Article 51 of the UN Charter, until the UN Security Council takes measures to maintain international peace and security, "nothing in the charter shall impair the inherent right of individual or collective self-defence if an armed attack occurs against a member of the United Nations." Since the UN has done nothing, Israelis are well within their rights to take action and defend themselves.

Lastly, Hamas is a genocidal terror organization.

Their goal is to kill all Jews (and Christians). They want to 'drive all Jews into the sea to 'liberate' all of 'Palestine'. Some experts have coined it the second holocaust, yet everyone is sitting back and painting Israel the perpetrator while they are the victim. They chant: 'From the river to the sea, Palestine shall be free', meaning: all of Israel shall be wiped off the map, Israel has no right to exist on the land between the Jordan River to the Mediterranean Sea. Their goal is not peace with Israel, but the destruction of Israel. Israel's struggle with these genocidal Jew-haters is about the existence and survival of the State of Israel and the Jewish people. President Herzog said of them:

'If you let them in, they will take over the city'. There is no negotiating with people like this. The only thing that matters in this situation is who is the strongest. Israel must show strength, otherwise they will be trampled underfoot.

The Israeli government is doing what any reasonable government would do and should do. Now, wouldn't you do the same thing in those shoes?

THE OPPOSING SIDE

For a gun to work, it must be loaded, for a gun to fire, a trigger is pulled. For every action, there are events that are built up for the final shot. Hamas might have loaded the gun, but Israeli pulled the trigger.

Good morning meticulous timekeeper, esteemed panel of judges, my wonderful audience, and the proposing team. My name is Maryam Modibbo, and I am the main speaker of the team opposing the motion which states: "THE ISRAELI ATTACK ON HAMAS IS JUSTIFIED TO PROTECT THE STATE OF ISRAEL"

Protect the state of Israel? More than 26,000 Panic-stricken Palestinians have been killed, and tens of thousands injured by the cruel Israeli strikes since the start of the war, according to Gaza's Hamas-run health ministry. On Saturday, 2nd December 2023. Israel bombed the neighborhood of Shuja'iyyeh in Gaza city. According to initial reports, the strike killed dozens of people, some fathers, some mothers, some teachers and more. Hundreds of people are still buried under rubble. Imagine this: a son is waiting for his father to return home but to no avail. Imagine the tears and impact of losing a parent. Imagine spouses that must care for their children alone. A FIVE-YEAR-OLD IS TOO YOUNG TO GRIEVE! But firstly, what is Hamas? Hamas is a Palestine political and military movement governing the occupied Gaza strip. Israel is not fighting against Hamas but against civilians. Parents are marking their children's hands so they can identify their dead bodies in case of an air strike. Families are separated. Lives are lost. Someone's home is being destroyed as we speak!

How would you feel if you and your roommates were forced to move out of your room for a new student and your house team claims it is for protection? The Haavara agreement in August 1933 between the Jewish Agency and the Nazi regime enabled 53,000 Jews to emigrate from Germany to Palestine over the following six years. If it is originally Palestine's land and Israel is a later inhabitant of the area, what are they protecting? If it was originally Palestine's land, is

Hamas wrong for wanting it back? Palestine is not just a nation, but one which is held high in Islamic history. Furthermore, it has been named the Holy Land in the Qur'an. Palestinians are marking 57 years since the 1967 occupation of their remaining lands this week. Zionist forces, in their mission to create a "Jewish state", expelled some 750,000 Palestinians from their homeland and destroyed their villages in the process. By the end of the war, Israel had expelled another 300,000 Palestinians from their homes, including 130,000 who were displaced in 1948, and gained territory that was three and a half times its size.

Furthermore, the Israel Defence Minister, Yoav Gallant said "There will be no electricity, no food, no water, no fuel on October. 9. We are fighting human animals, and we act accordingly." Animals? Referring to Cutting off non-military necessities such as food and water to a civilian population is also a violation of the laws of war. Israel is punishing everyone in Gaza for the actions of a small minority.

"Though Hamas' exact strength isn't known, Israel has estimated the group has around 30,000 fighters — a tiny fraction of the 2.3 million Palestinians crammed into Gaza. This siege will mark a collective punishment of civilians." The targeting of civilians is a war crime, no matter who does it. Israel's blanket denial of food, water, and other necessities to Gaza is a serious violation of international law and will do nothing but harm innocent civilians.

Additionally, Israel has repeatedly attacked Hamas with air strikes and sent troops to Gaza in 2008 and 2014 unprovoked. As I stated before, more than 26,000 people were killed by strikes in Gaza while only 200 Israeli soldiers have been killed according to BBC. Therefore, Israel is not defending but rather committing a genocide.

Lastly, Israel has since hindered humanitarian aid, medicine, and limited amounts of fuel. However, the amount of aid getting to Gaza is before pre-war levels. The UN has accused Israel of obstructing the delivery of aid. Why is Israel restricting aid to civilians?

In conclusion, Israel is not only killing Palestinians, but they are further restricting Palestine from getting the much-needed aid to relieve their damage. Finally, let me leave you with this one question, if you injured someone during sports, would you stop them from going to the Medical Center? Once again, my name is Maryam Modibbo and I hope I was able to convince you on why Israel's attack on Hamas is not justified.

Thank you.

ECONOMIC IMPLICATIONS OF FOOD WASTAGE

By Nimiye Boham (Year 10)



Did you know that a third of all food produced is lost or wasted? Did you know that food wasting is worse than poisonous gas emissions from flying, plastic production and oil extraction? Did you know that eliminating global food waste would save 4.4 million tonnes of Carbon dioxide a year, the equivalent of taking one in four cars off the road? Despite all this, 14 million tons of food is wasted in Nigeria alone every year. That's about 38 thousand tons per day!

First, a definition. Food waste refers to food not ultimately consumed by humans that is discarded or recycled. Three types of food always get discarded: food gone bad, food we think is bad, and food we know is still edible but we do not want. Surprisingly, legitimately bad food is the smallest portion of food wasted. The largest portion of food we trash is the food we think is bad but is still up for consumption. This is mostly because some foods may look "off" or are past their sell-by date. These conditions only foretell a decrease in quality, not edibility.

Imagine you own a farm and decide to go into the food industry. You spend tireless days and nights, acquiring land, machinery, and employing people just to make some change. You spend months upon months, toiling away on the fields like a slave, until you have enough to begin selling. A nice family comes by, and buys some of the chicken you have bred and butchered. When you sell it to them, you wish them a good morrow and they go home. Little do you know, that when the family gets home, they will notice the chicken has a greenish tinge. That's just the seasoning, but they don't know that. Guess what they do with it? They dump it, mercilessly tossing away the innocent drumstick into the trash. Now imagine this happening almost every day, across hundreds of households. The number is astonishing. Wasting food also creates problems like

resource, environmental and social costs, outside of emotional pain.

One must consider the wasted labour, materials, time and energy that go into food production. It is almost intangible to approximate the benefits that would come from redirecting these resources. The Food and Agriculture Organization of the United Nations (FAO) recently estimated annual losses of \$1 trillion dollars from resource costs.

Furthermore, there are also environmental costs to consider, like water scarcity and the erosion of the soil. 95% of food waste goes to land fills, producing methane and hastening the global warming process. The FAO says that the annual environmental costs reach up to \$ 700 billion.

The last significant cost to consider is the social cost. The lost revenue from food waste raises the bar for food prices. This affects the poorer people as food takes up a larger percentage of

their income. This mixture of increasing prices with the juxtaposing decreasing quantities of food gives birth to a range of nutritional deficiencies for the poor south to suffer through. And of course, in this dog-eat-dog world we live in, health care prices skyrocket faster than a cheetah, and there is lost productivity from individuals weakened by the nutritional deficiencies. Because of this, \$900 billion are foregone a year.

Now the big question: How can we reduce food waste? Well, at DWC, the answer is simple. Take what you can eat. Don't get too much food that you know you will never finish. If you do, try having a hungry friend nearby to eat it.

But at home, it's a bit more complex.

Try meal planning: the action of deciding meals in

advance using your schedule, preferences and foods on hand. This can help because you will always know exactly what you are eating, how much you are eating and when you are eating it, so, there will be minimal wastage. Also, try to understand what 'best-by' dates really mean. It is a common misconception that dates on food packaging are a hard-core government mandated expiration date. But in reality, the food in question won't just suddenly turn bad the instant that date passes. Food product dating is not required by federal law, and these voluntary dates are meant as benchmarks for food quality, not safety. As long as the food in question is stored properly or sealed and unused, there's no need to throw it out once the date on the package has elapsed.

Lastly, how about some composting? Experts caution that it is not just an excuse to throw out excess food.

It is still a form of food waste as it squanders already invested resources, but that does not mean that it is a waste of time. Composting is economically viable since it cuts costs associated with the hauling of wastes and lets farmers reduce the use of fertilizers.

To conclude, there is one last topic I must address. How much food do you think Day Waterman College wastes on average? I recently talked to the financial team and KOTS Catering (the chefs in the dining hall) and although they couldn't give me exact numbers, I was able to make a pretty good guess. I did the math, with all students in this school, and the amount of food that is wasted on average is less than 5%. I think this number is good, and if we work even harder, we will be able to bring it down to zero.

Thank you for reading!

TEACHER PROFESSIONAL DEVELOPMENT AT DWC: HPL TEACHER CERTIFICATION SCHEME

By Mr. Duncan Gowen (Principal @ Day Waterman College)

Teacher Certification forms one of the hallmark opportunities available to schools within the Fellowship and Global Community of HPL accredited schools. It comprises a set of awards designed for teachers and leaders in schools. Just as school accreditation recognises the achievements at a whole school level, so these prestigious awards recognise the progress and achievements of individual staff in their HPL journey. Achievement of the awards yields benefits for both the school and the individual. Once a school is accredited as either a World Class or High Performing School any member of staff is eligible to participate in the scheme.

The awards are based around sets of competencies for 6 areas of performance:

- Eligibility
- Performance Culture
- Student Skills, Curriculum and Pedagogy
- Outcomes for Students
- Parent/carer in Learning
- Professional Standards



There are currently three awards:

- HPL Teacher
- HPL Expert Teacher
- HPL Teacher Leader

The HPL Teacher is internally assessed in school by an internal assessor trained by HPL. The other two awards are assessed externally by HPL personnel. There is a moderation process to ensure quality and consistency of assessment. At DWC we currently have two HPL Teacher Leaders, four HPL Expert Teachers and five HPL Teachers. This year two more teachers are studying for the HPL Teacher Leader Award, five for the Expert Teacher Award and five for the HPL Teacher Award. The programme runs for six months and involves self assessment, collating an evidence portfolio that evidences the teacher meeting HPL professional standards and writing a personal reflection on the impact of the programme on their approach towards learning and teaching. It is anticipated that every year a cohort of teachers will complete an HPL course.



DWC CAREERS WEEK (2024)

By Deborah Toyo (Year 9)

Careers Week was an enriching experience for the Year 9 students at Day Waterman College. The three-day-long event was packed with informative sessions which gave opportunities that helped students gain insights into various career paths and industries.

The week proper kicked off with a keynote speech by a renowned maritime lawyer, Mrs. Oluseyi Adejuyigbe, who shared valuable perceptions on the current job market and offered tips on how to stand out in the competitive law landscape. The speaker's enthusiasm and expertise left a lasting impression on the audience, and many students were inspired to pursue careers in the field of law.

Throughout the week, students had the chance to learn about exciting careers such as: Architecture, Maritime Port management, Banking, Working on the cloud, Opportunities in Blue Economy, Uses of AI and many more exciting careers. These sessions were led by experienced professionals who offered practical advice and tips on how to navigate the job search process.

One of the highlights of the week was Mrs. Nkoye Duru, who talked to the students about Architecture, changed her outfit and came back to talk to the students about AI! Students were prompted to use the HPL skill, linking to connect the world of architecture to the world of artificial intelligence. The programme was a great opportunity for students to make connections and gain understanding of the job market.

Another standout event was the subject selection discussion by our honourable Vice Principal, Academic, Mrs. Bukonla Paseda. She gave us candid advice on how our subject selections affected our career choices. Other events that can not be forgotten were the speeches by our respected curriculum leaders such as Mr. Ikechi Lawrence who came to speak to us about The Humanities; Mr. Hezekiel Adisa who spoke about the Modern Foreign Languages; Mr. Sunday Ogundana's speech focused on the importance of scientific inquiry and experimentation in shaping the future; Mr. Olufemi Ogunseye was also available to speak to us about the Art Department while Mrs. Tolulope Oba spoke concerning the English Department, and lastly, Mr. Ezekiel Olatunbosun educated us on exploring opportunities in Math and ICT.

Overall, Careers Week was a fantastic encounter for students. The event provided a wealth of direction and assets that helped students obtain awareness into countless career paths and institutions. The sessions were informative, engaging, and practical, and we made sure to show our appreciation by presenting every guest speaker with a painting made by some Year 9 students.

In conclusion we would advise any school that does not have a Careers Week for its Year 9 students to consider it because I highly recommend it to any student looking to gain insights into the job market and build a successful career.



REFLECTIONS ON DAY WATERMAN COLLEGE'S YEAR 9 CAREERS WEEK

By Oluwafeyikunmi Ajayi (Year 9)

In the dynamic landscape of education, preparing students for their future careers is paramount. At Day Waterman College, the commitment to fostering career awareness and exploration was vividly demonstrated during the recent Year 9 Careers Week. The theme, "My Career, My Life," encapsulated the essence of the event, which spanned three enriching days filled with insightful speeches, seminars, and presentations by distinguished professionals across various industries.

The inaugural day commenced with a thought-provoking assembly addressed by Mrs. Fumilayo Olotu, a seasoned maritime port manager. Her engaging discourse not only shed light on the intricacies of the maritime industry but also inspired students to consider diverse career paths. Following the assembly, Mrs. Oluseyi Adejuyigbe, a maritime lawyer, delved deeper into the nuances of her profession, offering invaluable insights into the legal aspects of maritime operations.

The day continued with a focus on the burgeoning opportunities within the blue economy, spearheaded by Mrs. Olaitan Williams. Her seminar underscored the importance of sustainability and innovation in harnessing the potential of oceanic resources. Simultaneously, Mrs. Olivia Okeke's online address on culinary arts and baking illuminated the culinary world, enticing students with the artistry and science behind gastronomy.

The virtual realm expanded further with Mr. Raymond Abia's elucidation on the intricacies of the oil and gas sector, providing students with a glimpse into one of the world's most pivotal industries. Meanwhile, Mrs. Temi Bodurin's seminar on information technology illuminated the ever-evolving landscape of digital innovation, highlighting the transformative power of cloud engineering.

Transitioning into Wednesday, the exploration of careers continued with Mrs. Nkoye Duru's comprehensive seminar on architecture and artificial intelligence, emphasizing the fusion of creativity and technology in architectural design.

Mr. Sunday Ogundana's impassioned address on science exploration underscored the importance of scientific inquiry and experimentation in shaping the future.

Also, Dr. Egben Okore's discourse on seafaring unveiled the captivating realm of maritime adventures, captivating students with tales of exploration and discovery. Meanwhile, Dr. Kayode Famurewa's seminar on medicine provided a glimpse into the noble profession of healing, inspiring aspiring healthcare practitioners.

The linguistic and artistic dimensions of career exploration were aptly highlighted by Mr. Hezekiel Adisa and Mr. Olufemi Ogunseye, respectively, showcasing the rich tapestry of opportunities within language studies and the arts. In like manner, Mr. Ezekiel Olatubosun's insightful speech on Mathematics and ICT underscored the foundational role of these disciplines in shaping the digital age.

The culmination of the event featured Mrs. Tolulope Oba's poignant address on the exploration of activities in English Literature, emphasizing the transformative power of storytelling and literary analysis.

The final day of Career Week drew to a close with Mr. Soji Ologbenla's illuminating discourse on banking and finances, offering students a glimpse into the intricate workings of the financial world.

In retrospect, Day Waterman College's Year 9 Career Week served as a beacon of inspiration and enlightenment, empowering students to chart their paths towards meaningful and fulfilling careers. Through the collective wisdom and expertise of esteemed professionals, students were equipped with invaluable insights, igniting their aspirations and fueling their dreams of tomorrow's possibilities. As they embark on their journey of self-discovery, armed with newfound knowledge and conviction, the seeds of ambition planted during Careers Week are poised to blossom into the fruition of limitless potential.

THE MARITIME ALPHABET

TAUGHT BY MARITIME AMAZON,
MRS. OLUFUNMILAYO OLOTU
— A GUEST SPEAKER AT
DWC CAREERS DAY



Mrs. Olufunmilayo Olotu has made giant strides and set worthy examples in her maritime career. Her outstanding performances over the years, are quite enviable. Fair, firm and friendly, her story epitomizes the result of diligence, determination, and dedication, and she is of the belief that you can make DIAMONDS out of your coals. She devotedly taught the whole school about opportunities in the maritime industry referencing her own story. One of the highlights of her presentation was the maritime alphabet. Learning this was a deeply engaging and fun moment as students made effort to spell their names using the alphabet.

Below is the alphabet. Can you try spelling your name in this maritime way without pausing? Give it a try!

phonetic alphabet

phonetic alphabet

A alpha	B bravo	C charlie		
D delta	E echo	F foxtrot	G golf	H hotel
I india	J juliett	K kilo	L lima	M mike
N november	O oscar	P papa	Q quebec	R romeo
S sierra	T tango	U uniform	V victor	W whiskey
X xray	Y vankee	Z zulu		



AISEN SPOKEN WORD
PRESENTATION (2024)

THE BIG IMPACT OF SMALL ACTIONS

By Abiel Yunusa (Year 10)

Neil Armstrong once said, "one small step for man is a giant leap for mankind". As I begin I would like to ask a question: Do you think a million raindrops could fill up an entire pond? Imagine this: you drop a pebble into a pond. A small splash, sure, but what happens next? The ripples emanate outwards, growing larger and larger until they reach the edges of the water. With just one small action, the water goes far beyond its original point.

This, everyone, is the essence of what I want to talk about today: the big impact of small actions. Each act of kindness, each act of compassion and each insult is like that pebble sending ripples of change throughout our communities. The chaos theory exemplified by the butterfly effect states that even the smallest alterations to a system can cause the most significant and unpredictable outcomes. I'm sure most of you may be thinking; can a butterfly's wings truly set the course of an entire hurricane?

We live in a world that often feels overwhelming. Problems seem so big, and solutions are so out of reach. We encounter problems locally, nationally and globally and think: What could I, possibly, do to stop them? Can I live up to the acts of Rosa Parks who started an entire bus boycott because she refused to give up a seat? or could I live up to the acts of Alexander Flemming who didn't wash a plate and suddenly discovered penicillin, - the first antibiotic to cure bacterial infections?

I want to offer a different perspective. A perspective that whispers a powerful truth. Think of the countless people who have inspired kindness and have become beacons of hopes in their own lives. The passerby that smiles or the student that picks up trash. These aren't grand gestures, but they are the heartbeat of change. They are the silent revolutions that are within every one of us. The whispered promise that turns into a collective

action. Think about it: a smile at a stranger brightens up their day and they pay it forward. Kindness begets kindness, and suddenly, a chain of positivity is formed. This chain could possibly reach the other side of the world! Or picking up a piece of trash: this may seem inconsequential but when multiplied by millions, we can clean up our streets, towns and oceans. Another example is the COVID19 pandemic. By just wearing a face mask, you could prevent the flow of the virus and stop the spread!

Nevertheless, the idea that big impacts come from small actions is also associated with negative actions. we have imagined pebbles creating ripples of change and small steps being giant leaps for humanity but just like the chaos theory, small actions also have unseen and unfortunate consequences. A single lie whispered into the ear of a friend can snowball into a web of deceit and lies and can erode long-life friendship. Furthermore, the careless flick of a cigarette can spark an entire wildfire and engulf the homes and livelihood of millions of people.

As I conclude, I'd like to remind you that our actions, no matter how small, are never truly isolated. They influence and interact with everything around us, influencing others, and potentially triggering large consequences. So, the next time you want to drop a wrapper on the floor or insult a friend, think about how your actions could be the pebble that causes the ripple that sends them over the edge, and think about what that would mean for you in the long run. Is a wrapper really worth pollution? Is a little rumour worth your friendship? Remember that change starts with you. You must be the change you want to see in the world. That can only happen when you are a ripple of positivity rather than negativity.



RECIPE FOR RELATIONSHIPS

TED TALK PRESENTED BY
NGOZI ONYEACHOLEM (YEAR 11) AT
MEADOW HALL SCHOOL, LAGOS

I can clearly remember during the Christmas break, I took it upon myself to practice my baking skills and bake a cake all on my own - no recipe, and no guidance. So, of course, I did the prerequisite: I gathered my ingredients and organized my baking utensils (the pans, measuring tools, bowls and the rest), more thrilled than ever to devour the scrumptious pastry that awaited me. Then, after all the measuring and mixing, the cake was finally done. But, when I took the cake out of the oven, astonishingly, something was terribly erroneous with the cake as it was crumbly and incredibly deflated. I thought to myself, what could've gone wrong? And to my ever-delayed realisation, every single ingredient I used was expired. Expired by around two years. Evidently, it seems I hadn't been baking for a while for a particular reason.

Again, I thought to myself - I would hate to look like that cake, so distasteful and repulsive. But what exactly could lead to such in a person? It could be their upbringing, the sources they read or watch, but most especially, the influence that people around them have infused. Hence, their relationships. That is why I, Ngozi Onyeacholem, am here to share with you the recipe for relationships so we make precise choices for our healthy relationships.

Unmistakably, I am not a certified expert in the field of relationships - whether platonic or romantic, neither are my cooking skills phenomenal as I've previously mentioned; but surely, I am equipped with enough experience to be able to advise you with these simple steps.

Step One: Remember your values and the principles you believe in.

Most relationships are formed to fulfill emotional needs, share experiences and support each other, usually based on a foundation of similar interests and values - this is what I like to call the 'ingredients' of every relationship. Hence, it would be wise to gather your measuring utensils and discover how each of your friends influences your life positively to compare the virtues they have introduced you to.

Honestly, some may question the significance of this tactic, but while growing up, adults around me have always vocalized, "Show me your friends and I'll tell you who you are". Of course, young Ngozi was perplexed by this statement, wondering what influence her friends had on her personal identity. Nevertheless, over the years of my growth, I've come to realize that the statement meant much more than how my friends dressed or how they simply looked physically. Like a burst of light illuminating my path with clarity, I now understand that the certain people you keep closest to yourself reflect your behaviour and ethical beliefs. Thus, do you spend time with the type of person who looks down on others, regularly says pessimistic words and makes you feel insecure or do you relate with those who are kind enough to offer a helping hand to people in need, encourage you to be the best version of yourself and always provide emotional support? By reflecting on your principles, you will be able to uncover which friends present healthy ingredients rather than rotten eggs and chunky milk that symbolise dishonesty and

manipulation that tarnish your relationships.

Step Two: Avoid the oppression of peer pressure.

Imagine this; Thalia is a novice chef (like me) attempting to cook a plate of pasta for herself to enjoy. Meticulously, she has laid out all her necessary ingredients and utensils, especially with an accurate recipe she intends to follow. In this situation, her ingredients are perfectly healthy, however, the problem arises when her friends decide to crowd her kitchen and add their ingredients to her dish even when they don't quite fit with the initial recipe she had in mind. Now, from this perspective, peer pressure is like those friends who subdue your recipe for relationships with superfluous ingredients that alternate your original intentions. Thus, it is imperative to overcome peer pressure with unwavering independence and confidence, anchored by a steadfast adherence to personal boundaries. Yet, in a world increasingly tethered to technology and social media, our generation finds itself seized in a digital web, where moments of genuine connection are often sacrificed at the altar of virtual validation. Of course, don't get me wrong, I'm also exhausted of hearing that teenagers nowadays are obsessed with technology and social media, but I believe it's time for us to wake up to our reality and acknowledge the fact that our generation may be relying on it excessively. Can you imagine the number of times I've gone out with my friends and instead of bonding over our previous experiences, we scrolled through our social feeds and laughed at funny videos online? Truthfully, it is a little embarrassing to admit, but reflecting on the prevalence of this digital obsession makes it evident that our reliance on technology risks overshadowing authentic human interaction. As teenagers, acknowledging this reality is the first step towards reclaiming meaningful connections and fostering genuine bonds with those around us.

Step three: Balance all your ingredients to create the ideal relationship.

Have you ever finished preparing a meal and after the first taste you realize that there's just something missing or a particular flavour overpowers the others? In a successful relationship, much like crafting a delicious dish, it's crucial to strike the right balance of ingredients or flavours to maintain harmony and cohesion. Just as a chef carefully balances sweet and savory elements to create a well-rounded flavor profile, individuals in a relationship must blend their traits in a congruous manner. Consequently, too much of an attribute, like dominance or passivity, can overpower the dynamic, leaving the relationship unbalanced and unsatisfying.

**"BY REFLECTING ON YOUR PRINCIPLES,
YOU WILL BE ABLE TO UNCOVER WHICH FRIENDS
PRESENT HEALTHY INGREDIENTS"**

Whereas, just a pinch of salt enhances the overall taste of most meals without overpowering the general flavour; hence, traits such as empathy, trust, and compromise add depth and richness to a relationship to create a fulfilling and lasting connection.

Considering all these steps, following a recipe for quality relationships is equivalent to navigating a well-charted course through the complexities of human connection. Thus, by adhering to principles of healthy communication, compassion, loyalty, and mutual respect, we lay the foundation for enduring bonds and shared growth. Isn't it remarkable how a dash of patience, a pinch of understanding, and a sprinkle of love can transform the ordinary into the extraordinary, creating relationships that stand the test of time? I'll leave you to ponder over that.

Thank you.



A Cross section of students
on Jersey Day



SOUTH AMERICA IS NOT A COUNTRY: CHILE

By Anari Boham (Year 8)



Flag of Chile

Chile, officially the Republic of Chile, is the southernmost country in the world and the closest to Antarctica. With a population of 17.5 million, it spans 756,102 square kilometers and shares borders with Peru, Bolivia, Argentina, and the Drake Passage. Chile also controls several Pacific islands and 1,250,000 square kilometers of Antarctica as the Chilean Antarctic Territory,. Santiago is its capital and largest city, and the national language is Spanish.

Food

Here are some typical Chilean dishes:

- Ajiaco (Meat Soup)
- Arrollado huaso (Pork roll peasant style)
- Caldillo de congrio (Conger eel soup)
- Carbonada (Vegetables and meat minestrone-like soup)
- Cazuela nogada (Cazuela stew with walnut sauce)
- Chanco en Piedra ("Pig on stone" spicy tomato sauce)
- Chapalele (Potato bread with flour)



Chilean Food



Chilean Food

and designs of flowers, plants or birds woven in the wool and silk fabric. Knee-high leather boots, spurs, the chupalla (a flat-top straw hat) and a tailored shirt to complete his outfit.

Flag

The flag of Chile consists of two equal-height horizontal bands of white and red, with a blue square, the same height as the white band in the canton, which bears a white five-pointed star in the center. It was adopted on 18 October, 1817. The star is seen as a "guide on the path of progress and honour", while the blue stands for the sky. The white stripe corresponds to the snow of the Andes Mountains, the red stripe below it reminding citizens of the blood of those who sacrificed themselves for the fatherland.

Famous places

- Santiago
- Plaza de Armas & Parque Metropolitano
- Easter Island
- Massive moai statues & Rano Kau volcano
- Valparaíso
- Pablo Neruda's home & steep funiculars.

Dressing

The huaso, a Chilean countryman, wears a chamonto, a reversible poncho edged with ribbons